

Returning to school after lockdown

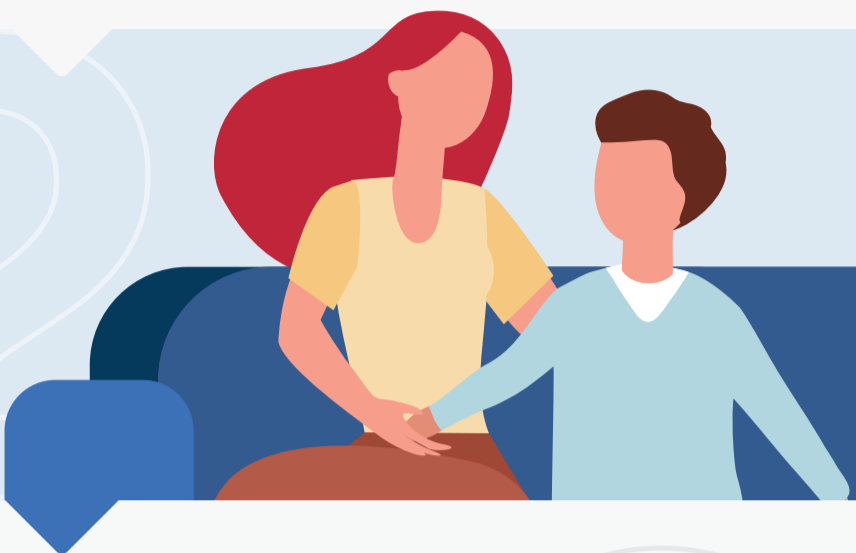


Planning for return

Going back to school will be a big change in routine for you and your child. **Keep up to date** with the information being sent out by your child's school about the plans they have put in place.

Preparing your child

Talk with your child in terms of who they will see in school (staff and children) and ensure they understand to **follow school guidance** and **not to hug friends**. Communicate any particular needs your child may have with the school as early as possible.

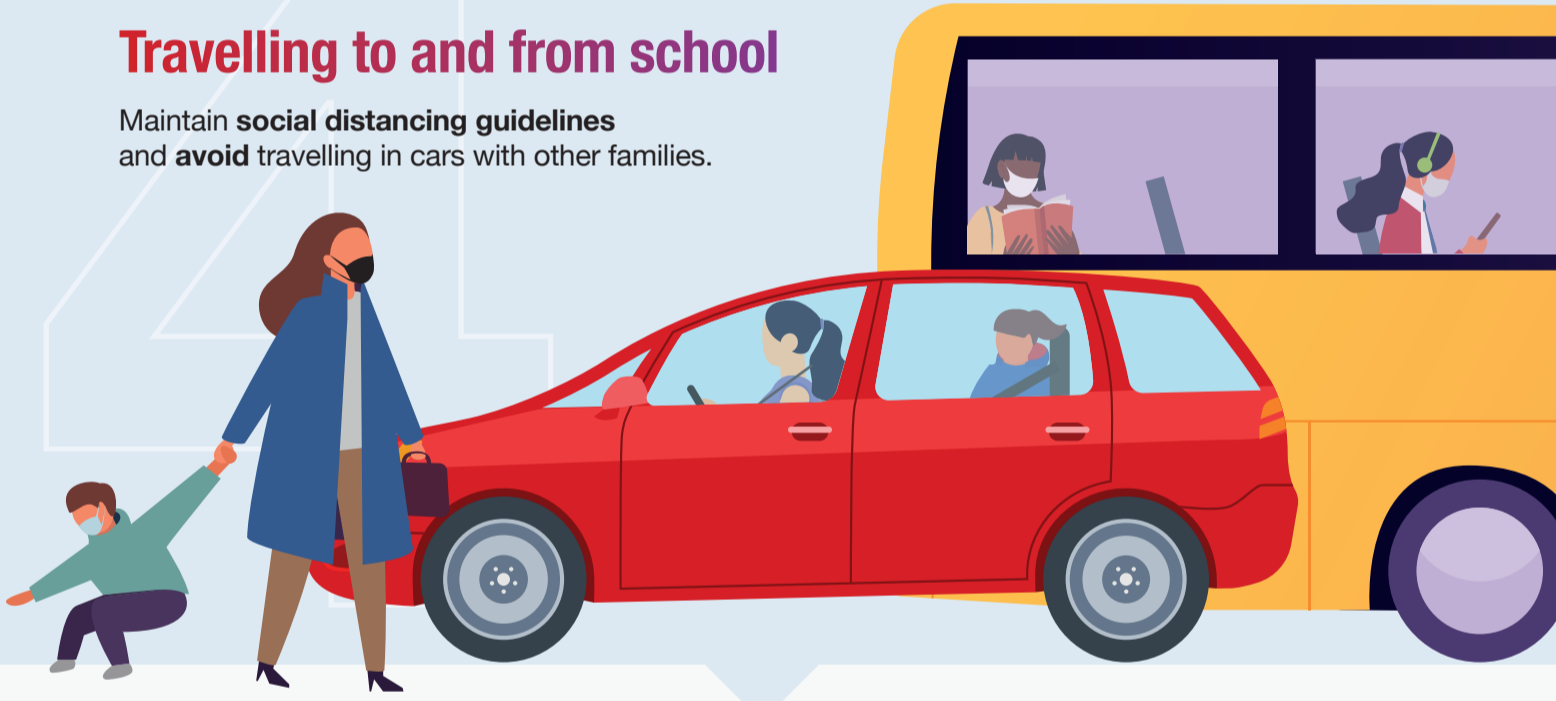


Getting ready to go to school

Keep your **masks** and **hand sanitiser** in the same place, and ensure your child knows how and when to use them.

Travelling to and from school

Maintain **social distancing guidelines** and **avoid** travelling in cars with other families.



Drop off and pick up from school

Follow school arrival plans and **avoid gathering in groups** outside the school gates. If you have something you want to discuss with a teacher, email or phone the school.



Getting home from school

Good hand hygiene and decontamination of any equipment at home will help to **reduce the risk** of infection transmission. Check in with your child about the school day and **acknowledge difficult feelings**. Get back into a **school night routine** of dinner, homework, bedtime etc.

